

# ATHENA VB

HOME OF ATHENA GIRLS VOLLEYBALL AND AJAX BOYS VOLLEYBALL

## OUR PHILOSOPHY

Our goal as a club is to provide an environment where players can train to be the best people they can be and find their personal strengths that they will use the rest of their lives to impact society. We help players try to accomplish their goals of playing high school or college volleyball but our true goal is to teach life lessons through sport. We truly want to affect lives so we want to encourage kids to **LET ME PLAY**. We have very caring and knowledgeable coaches that want the best for your son or daughter. In addition to improving our volleyball skills, we hope to develop strength and character on the court so that our players can be the most **EXTRA-ORDINARY** people they can be off the court. These characteristics include respect, discipline, integrity, self-confidence, determination, and humility. In order to achieve our goal of developing character it is imperative that we have commitment from the athlete, and support from the parents.

One very important concept for parents, players, and coaches to understand is that Athena wants to provide the most “positive” experience for our athletes. “Positive” does not always mean “happy.” When you choose to play a team sport you will have times of disappointment, FAILURE, and conflict along with the successes and happy times. At Athena we try to minimize the tough times, but the reality of team sports is that these situations will arise. Why would we voluntarily put ourselves into these situations? Because that is the reality of life and in order to successfully navigate society, we need to learn how to react to these scenarios. Sometimes we will be successful, sometimes we will not, but we will be stronger relational individuals because of it. We want to provide a foundation to equip your son or daughter for life on and off the court. We want to help them **FIND THEIR GREATNESS**.